



Sample Breast Pump Scenario #1

Heather comes into the WIC office for a breast pump. Her son is 6 weeks old and she has been exclusively breastfeeding. She is going back to work in one week. She will be working as a waitress doing split shifts 4 hours in the morning and 4 hours at night. She won't have time to pump at work but only works 5 minutes from home. The baby will be staying with grandma while she is at work. She would like to pump while at home to store breastmilk for when she is away. Her goal is to breastfeed until at least 6 months.

Sample Breast Pump Scenario #2

Maureen is the mother of a 6-month-old exclusively breastfed girl, Olivia. Maureen has decided to give her ex-husband joint custody. They have decided the baby will spend one night during the week and one night during the weekend with her father. Maureen would like to continue providing her breastmilk along with other solid foods. She needs a breast pump to pump at least 6 times a day for the 2 days a week they are separated. Her goal is to breastfeed to at least one year or maybe longer.

Sample Breast Pump Scenario #3

Lisa is returning to work at 7-11 gas station at 4 weeks postpartum. She works 8 hours a day and has talked to her employer about wanting to pump at work. Her employer has said she may use the back storeroom as long as there are 2 people working so the front will be covered and uses only her designated break times. The storeroom has limited access to electricity. She does not know how long she wants to nurse but knows she should do it for awhile.